



Greg's MLM Success Tips Newsletter

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•Tom "Big Al" Schreiter •Ken Seto •Rod Cook - Contributing Editors

About Our Guest Author, Bob Davies:



I met **Bob Davies** at a MLMIA (Multi-Level Marketers International Association) event a few years ago. He was a guest speaker. I was so impressed by both the message he delivered and the unbridled energy he delivered it with, that I hired him as my personal performance coach. His fees for personal coaching are \$1500.00 per month. In the first 12 months with Bob as my coach, I can directly attribute \$65,000 in additional income that year to my heightened performance as the result of his coaching. Since that time, with an entirely different mind set towards my life and my work, the impact of that year has simply become immeasurable. For me, Bob's coaching has delivered the greatest return I have ever received from any investment.

When I learned that Bob was introducing an online coaching program that followed the exact same format and principles, I was excited. When I found out it was affordable for everyone, I had to ask him to introduce it here on this newsletter. I believe Bob's online coaching system will change more lives for the better than any other single tool available anywhere. Before you invest in another tape, book or training program, read this article. \$19.95 per month can change your entire world forever!

Greg Arnold

The Secret's Out On Elite Performance!

By Bob Davies

I have invented an on-line coaching program designed to be the low cost coaching system of the future. I worked closely with my programmers helping them to develop the code that would instruct the program to behave as it was designed.

Every step of the program has a code of instructions. The same is true for the human mind. Human beings code their experiences and have intricate filters to make sense of the world that we all live in.

We code in terms of words and pictures. The basics of this code uses the symbols of

language, our thinking. The way that we think, or organize and sort our thoughts, has a direct impact on our physiology, or the chemical make up of our body. It is our physiology that directly impacts what we do. Here is the simple formula;

Think - Feel - Act

The key to reaching our goals of course is to take the actions necessary to obtain those goals. However, most people either don't understand the power of planning or are just too lazy (busy) to do so. **You can't implement a plan that you don't have.**

Even those who do take the time to carefully plan are only half way there. There is a difference between what you intend to do and what you actually get accomplished! Have you ever set a to lose weight and you plan to diet and exercise and then just got too busy to actually go to the gym four times this week or to record your calories daily etc.

Years ago I made a self-discovery in my personal battle with bulimia, the binge then purge syndrome. I had a problem with the mini bars at the hotels on the road. I would simply eat everything and I mean everything, many times it was over 4,000 calories!

As you can imagine, this was not helping me on my weight control goals. So here is what I did. On my next trip, I told five people that I would pay them each \$250 if I had anything from the mini bar.

These were people who I knew would hold me **accountable**. On my next trip, something happened that has changed my life, forever....

As I entered my room, I was starving, or so I thought! My attention immediately went to the mini bar and then I remembered that I was going to lose \$1,250 if I ate anything. I turned away. **It was easy! I no longer paid attention to how hungry I thought I was. I paid attention to how horrible it would be to have to pay that fine money!**

Here is the lesson. The elite performers live this formula:

Specific Declarations + Accountability = Elite Performance

When you specifically declare what you will do and you have an enforceable consequence attached to it if you don't follow through, everything changes. You now harness the power of human nature;

Avoid Pain and Seek Comfort

What you pay attention to is totally changed. Instead of paying attention to avoiding the pain of hunger and the comfort of the mini bar, **I paid attention instead to avoiding the pain of the fine.** I went from being out of control to having this be a non-issue!

I have duplicated this process in my interactive on-line coaching program. It is a very affordable program, \$19.95 per month, and is supported by my **FREE** twice per month telephone conference coaching call.

Susan and Kenny Rogers are using this program with their organization and the

difference it has made and is continuing to make is night and day. They have told me that now they have a system to help people to prioritize and to pay attention to getting things done.

Art Chester told me that he won't work with anyone who is not on the program. He says that the focus is just so enhanced with the program that it just makes it so much easier to develop leaders.

Richard Parnell told me that this program just makes it easier to stop accepting his own excuses for not performing and Doreen Woods told me that she has lost 15 pounds with the program. You can go to my web site, www.bobdavies.com and read more testimonials! They are really exciting!

My next FREE conference call is Wednesday, Feb. 1st, at 6:00 PM PST. You're invited. Call 603-609-0333 and use code 1 5 3 #.

I want to be your coach. You can hire me for \$3,000 the first month and then \$1,500 per month after that, or you can join the on-line program for only \$19.95 per month.

Go to www.bobdaviescoaching.com and use the group code of **10135**, which will show me that you read this article on Greg's MLM Success Tip's Newsletter. Set up your account and follow the program. You'll be glad you did!

I'll see you on Wednesday's call.

Your
Bob Davies, M.Ed Psychology, B.S. Health, MCC

Coach,

More About Bob Davies:

Former college football coach where his techniques helped Cal State Fullerton to win two conference championships. Former coach of Olympic Gold Medal winner Jeff Blatnick, who overcame Hodgkin's disease to beat the best in the world in the 1984 Olympics. Since 1983 Bob has coached thousands of organizations to apply his elite performance principles to win their "Gold Medals" and he can coach you too! High Performance Training, Inc., 20992 Ashley Lane, Lake Forest, CA 92630, Toll free in USA 866-262-3284 International 949-830-9291 Fax 949-830-9492, e mail: info@bobdavies.com Web Site www.bobdavies.com For On line coaching www.bobdaviescoaching.com

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